



Learning together, growing together

Dorin Park School and Specialist SEN College

17th September 2026

Rebound Therapy Sessions

Dear Parent/Carer,

We are very pleased to be able to offer Rebound Therapy sessions here at Dorin Park.

Rebound Therapy is the phrase that describes a specific model of trampoline therapy: exercise therapy which uses a full-sized trampoline to provide opportunities for movement, therapeutic exercise and recreation for people across virtually the whole spectrum of special needs.

These will be run by school staff members who have been trained in the delivery of Rebound Therapy. You can read more on the Rebound Therapy website <https://reboundtherapy.org/>

Included with this letter is a medical consent form to be completed in full and returned to school. This year we will also be sending out an electronic version of the consent, please complete either and return to school.

If you would like your child to have the opportunity of accessing this therapy, please complete all the boxes and return the attached medical questionnaire and consent form.

The Rebound Therapy sessions will be timetabled therapy sessions. Your child will access the therapy as part of their PE and/or when extra slots are available as a lunch time club. This will be reviewed termly.

If you have any queries, please don't hesitate to get in touch.

Thank You.

Bridget Aldridge & Gavin Attwood

Headteacher – Sarah Adam

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