



Menu

Monday

Cheese & Tomato
Pasta & Garlic Bread

Jacket Potato
Cheese, Beans, Tuna

Mixed Salad
Garden Peas

Cookies

Fruit Salad

Tuesday

GF Pork Sausage

V Quorn Sausage

Hash Browns
Scrambled Egg

Tomatoes
Beans
Mushrooms

Ice Cream Tub

Fruit Salad

Wednesday

Cottage Pie

V Cauliflower Cheese

Herbed Diced Potatoes

Jacket Potato
Cheese, Beans, Tuna

Cabbage
Mixed Vegetables

Iced Sponge Cake

Fruit Salad

Thursday

Chicken Fajitas Wraps

V Cheese Pizza

Criss Cross Potatoes

Mixed Salad
DF Coleslaw

V DF Strawberry Jelly

Fruit Salad

Friday

P Fish Fillet

P Cod Fish Cake

Chips

Jacket Potato
Cheese, Beans, Tuna

Mushy Peas
Baked Beans

V Cheese & Crackers /
V Jam & Crackers

Seniors Only:
Paninis
available
Tuesdays and
Thursdays

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Paninis
available
Tuesdays and
Thursdays

Max of 2 from:
Ham
Cheese
Tuna

Max of 2 from:
Ham
Cheese
Tuna

DF = Dairy Free; GF = Gluten Free; V = Vegetarian; P = Pescetarian

Week One

Beige dieters will have a separate menu.

Week One



Menu

Monday

Chicken Burger in a Bun

V Veggie Burger in a Bun

Potato Wedges

Baked Beans
DF Coleslaw

Cookies

Fruit Salad

Tuesday

Pasta Bolognese & Garlic Bread

Jacket Potato
Cheese, Beans, Tuna

Sweetcorn
Garden Peas

Chocolate Iced Sponge

Fruit Salad

Wednesday

V Cheese Pie

Pork Sausage or
V Quorn Sausage

Herbed Diced Potatoes

Carrots
Baked Beans

Ice Cream Tub

Fruit Salad

Thursday

Chicken Tikka, Rice and Naan Bread

Jacket Potato
Cheese, Beans, Tuna

Mixed Salad
Green Beans

Egg Custard Tart

Fruit Salad

Friday

P Fish Fingers

P Salmon and Sweet Potato Fish Cake

Chips

Mushy Peas
Baked Beans

V DF Strawberry Jelly

Fruit Salad

Seniors Only:
Paninis available
Mondays,
Wednesdays
and Fridays

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Paninis available
Mondays,
Wednesdays
and Fridays

Max of 2 from:
Ham
Cheese
Tuna

Max of 2 from:
Ham
Cheese
Tuna

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Week Two

Beige dieters will have a separate menu.

Week Two