



Menu

Monday

Cheese and Tomato
Pasta

Tuesday

Sausage, Mash, Veg
and Gravy

Wednesday

Cottage Pie, Veg and
Gravy

Thursday

Chicken, Mash, Veg
and Gravy

Friday

Fish, Mash and
Spaghetti

Yoghurt

Yoghurt

Yoghurt

Yoghurt

Yoghurt

Blended Diets
Week One

DF = Dairy Free; GF = Gluten Free; V = Vegetarian; P = Pescetarian

Beige dieters will have a separate menu.

Blended Diets
Week One



Menu

Monday

Chicken, Mash, Veg
and Gravy

Tuesday

Pasta Bolognaise

Wednesday

Chicken and Vegetable
Pie Filling, Mash and
Veg

Thursday

Chilli con Carne

Friday

Fish, Mash and
Spaghetti

Yoghurt

Yoghurt

Yoghurt

Yoghurt

Yoghurt

Blended Diets
Week Two

DF = Dairy Free; GF = Gluten Free; V = Vegetarian; P= Pescetarian

Beige dieters will have a separate menu.

Blended Diets
Week Two