



# Oeli/Sub Bar

Also, available for seniors and staff only, there will be a selection of ..



## Different **Types of Bread**







### Monday

V Cheese & Tomato

Pasta Bake & Garlic

Bread

Lemon Drizzle Muffin

Yoghurt

Fruit

### **Tuesday**

Chicken Burger Bap

## Wednesday

Sausage Roll

### **Thursday**

### **Friday**

#### **DF GF** Roast of the Day P Fish Fingers on a **Bread Roll**

**V** Cauliflower Cheese P Salmon & Sweet V Quorn Burger Bap V Cheese Pie P Fish Cake Potato Fishcakes

Chips **New Potatoes Potato Wedges** Herbed Diced Potatoes **Roast Potatoes** 

**Jacket Potato Jacket Potato** 

Cheese, Beans, Tuna Cheese, Beans, Tuna Cheese, Beans, Tuna

Garden Peas **DF** Coleslaw **Baked Beans Baby Carrots Green Beans** Sweetcorn

> Raspberry Mousse Cake

Yoghurt Fruit

Jacket Potato

Cookies

Yoghurt Fruit

**DF** Mashed Potatoes

Jacket Potato Cheese, Beans, Tuna

**Diced Carrots** 

Broccoli Gravy / GF Gravy

Jam Doughnut

Yoghurt Fruit

Jacket Potato

Cheese, Beans, Tuna

**Mushy Peas** 

**Baked Beans** 

**Curry Sauce** 

V Cheese/Jam &

Crackers

Yoghurt

Fruit





Veggie Options

For example...









**DF = Dairy Free: GF = Gluten Free: V = Vegetarian: P= Pescetarian** 





Oeli/Sub Bar

Also, available for seniors and staff only, there will be a selection of..











Monday **Tuesday** 

Wednesday Chicken Curry & Rice

**GF** Pork Sausages

**V** Quorn Sausages

**DF** Mashed Potatoes

**Jacket Potato** 

Cheese, Beans, Tuna

**Baby Carrots** 

Broccoli

Pepperoni Pizza

**Thursday** 

V Cheese Pizza

**Potato Wedges** 

**Jacket Potato** 

Cheese, Beans, Tuna

Sweetcorn **DF** Coleslaw

Apple Crumble & Custard

> Yoghurt Fruit

**Friday** 

P Fish Fillet

V Cheese and Onion **Pasty** 

Chips

**Jacket Potato** Cheese, Beans, Tuna

**Cauliflower** 

**Cauliflower Cheese Sausage** 

& Mushroom Tart

Veggie Options

For example...



**Jacket Potato** 

Meatball Pasta Bake

V Filled Omelette

Sauté Potatoes

Cheese, Beans, Tuna

Garden Peas

Salad

**Iced Sponge** 

Yoghurt Fruit

Mixed Vegetables

V Vegetables in Hoisin

Sauce & Noodles

Naan Bread

**Jacket Potato** 

Cheese, Beans, Tuna

Chocolate Coconut

Shortbread

Yoghurt

Fruit

Gravy / GF Gravy

Raspberry Buns

Yoghurt

Fruit

**Curry Sauce** 

**V DF** Fruit Jelly

**Mushy Peas** 

**Baked Beans** 

Yoghurt Fruit

**DF = Dairy Free**: **GF = Gluten Free**: **V = Vegetarian**: **P= Pescetarian** 

Beige dieters will have a separate menu.



**Week Two**