



Menu

Deli / Sub Bar

Also, available for seniors and staff only, there will be a selection of...



Monday

Veggie Sausage, Mash, Veg and Gravy

Tuesday

Macaroni Cheese

Wednesday

Quorn Beef in Black Bean Sauce and Mash

Thursday

Veggie Roast

Friday

Cheese, Mash and Spaghetti

Yoghurt

Yoghurt

Yoghurt

Yoghurt

Yoghurt

Veggie Options Daily!

For example...



Blended Diets
Week One

DF = Dairy Free; GF = Gluten Free; V = Vegetarian; P= Pescetarian

Beige dieters will have a separate menu with taster foods available.

Blended Diets
Week One



Menu

Deli / Sub Bar

Also, available for seniors and staff only, there will be a selection of...



Monday

BBQ Quorn, Mash and Veg

Tuesday

Cheese Pie, Mash and Spaghetti

Wednesday

Glamorgan Sausage, Mash, Veg and Gravy

Thursday

Quorn Fajitas Mix, Mash and Spaghetti

Friday

Cheese, Mash and Spaghetti

Yoghurt

Yoghurt

Yoghurt

Yoghurt

Yoghurt

Veggie Options Daily!

For example...



Blended Diets
Week Two

DF = Dairy Free; GF = Gluten Free; V = Vegetarian; P= Pescetarian

Beige dieters will have a separate menu with taster foods available.

Blended Diets
Week Two