

Year	Term 1	Term 2	Term 3
2022 – 2023	<p>Orienteering/Circuit training</p> <p>Focus: Map reading, thumbing the map, using compasses effectively. Orientating the map to north. Reading features on the map. Program development, data recording and performance reflection.</p>	<p>Basketball/Badminton</p> <p>Focus: Passing, attack and defend. 1 v 1 progress to 2 v 2, consolidate in gameplay. Teamwork, communication. Strokes: overhead forehand, backhand, underarm forehand and backhand. Match play doubles.</p>	<p>Boccia/Golf/Archery/Curling</p> <p>Focus: Strokes: pitching/putting. Throwing, directing and aiming. Distance awareness. Competition, scoring.</p>

Note: Oak class access their PE offsite at various locations. At times, venues may not be available for our particular activities; therefore the activities may be swapped around accordingly.