

Life Skills – Key Stage 3 Formal Long Term Plan

| Year | Term 1 | Term 2 | Term 3 |
|-------------|--|---|---|
| 2020 – 2021 | Followed by both Independence & Vocational learners Demonstrate an understanding of Health and Safety practices within the home environment <i>(with a focus on using and maintaining electrical equipment)</i> | Followed by both Independence & Vocational learners Hazards and being safe when out and about in a social setting (public transport, e.g. train/bus to Chester) | Followed by both Independence & Vocational learners Healthy Eating and Healthy Lifestyle (Inc. safe use of basic electrical equipment when making snacks and drinks) |
| | Hazards and being safe when out and about in a social setting (Inc. safe use of basic electrical equipment when making snacks and drinks) | Maintaining a home environment (Inc. safe use of basic electrical equipment when making snacks and drinks) | Planning a Summer Event (Inc. safe use of basic electrical equipment when making snacks and drinks) |
| 2021 - 2022 | Followed by both Independence & Vocational learners Demonstrate an understanding of Health and Safety practices within the home environment | Followed by both Independence & Vocational learners Hazards and being safe when out and about in a social setting (DangerPoint/Tesco) | Followed by both Independence & Vocational learners Healthy Eating and Healthy Lifestyle (Inc. safe use of basic electrical equipment when making snacks and drinks) |
| 2022– 2023 | Followed by both Independence & Vocational learners Healthy Eating and Healthy Lifestyle (Inc. safe use of basic electrical equipment when making snacks and drinks) | Followed by both Independence & Vocational learners Recycling and Eco-awareness (Inc. recognising how the school can improve their waste) | Followed by both Independence & Vocational learners Managing Money (Inc. budgeting and spending money to complete an objective) |
| | Health and Safety practices within the home and garden environment (Inc. safe use of electrical equipment such as hoovers, irons, kettles and washing machines.) | Exercising choices and problem solving (within the home environment and personal needs, looking at budgets) (Inc. safe use of basic electrical equipment when making snacks and drinks) | Planning a Summer Event (Inc. safe use of basic electrical equipment when making snacks and drinks) |