

Year	Term 1	Term 2	Term 3
2019 - 2020	<p><u>Health and wellbeing</u> Who am I? Personal strengths, self-esteem, mental health issues, friends, family, eating disorders and sexual orientation.</p>	<p><u>Relationships</u> 'Handling my emotions' Building positive relationships, managing set-backs, exploring feelings, handling rejection, appropriateness, the law, ICT.</p>	<p><u>Living in the wider world/Citizenship</u> 'Being British' what does it mean to be British? Diversity, culture, respect, human rights, celebrating difference. RSE</p>
2020- 2021	<p><u>Health and Wellbeing</u> 'Looking after me' Hygiene and puberty, accessing local services, immunisation, contraception, pregnancy and STIs, cancer prevention, personal safety, first aid</p>	<p><u>Relationships</u> 'What are these feelings?' Partners, consent, levels of intimacy, harassment and the law, stalking, managing unwanted attention, ICT.</p>	<p><u>Living in the wider world/Citizenship</u> 'Working life' The working world, job prospects, volunteering, budgeting, banking, life outside of school, employability. RSE</p>
2021 - 2022	<p><u>Relationships</u> HELP ME! Unhealthy relationships, domestic abuse, FGM, marriage, sexual assault/abuse, ICT, sex and the media.</p>	<p><u>Health and Wellbeing</u> Under Pressure drugs and alcohol education, substance abuse, smoking, prescribed medications, addiction, experimentation and peer pressure.</p>	<p><u>Living in the wider world/Citizenship</u> 'My rights' Human rights, disability rights, democracy, the law, equality, the judicial system and the armed forces. RSE</p>