

<b>Year</b>	<b>Term 1</b>	<b>Term 2</b>	<b>Term 3</b>
<b>2019 – 2020</b>	<p><b>Invasion games/winter games</b></p> <p><b>Vocational</b> Tag rugby Lacrosse Curling</p> <p><b>Independence</b> Ball games Boccia Curling</p> <p><b>Discovery</b> Sensory winter games/circuits</p>	<p><b>Gymnastics/net and wall</b></p> <p><b>Vocational</b> Mirroring/partner work Goal ball Tennis</p> <p><b>Independence</b> Movement and dance Bat and ball</p> <p><b>Discovery</b> Exploring movement and dance</p>	<p><b>Athletics/outdoor adventures.</b></p> <p><b>Vocational</b> Athletics Tri-golf Cycling</p> <p><b>Independence</b> Tri-golf/team games Outdoor adventures</p> <p><b>Discovery</b> Outdoor adventures</p>
<b>2020 – 2021</b>	<p><b>Invasion games/health and fitness</b></p> <p><b>Vocational</b> Football Circuits</p> <p><b>Independence</b> Ball skills Team games</p> <p><b>Discovery</b> Autumn walk/sensory circuits</p>	<p><b>Dance/ gymnastics/striking and fielding</b></p> <p><b>Vocational</b> Rhythmic gymnastics/dance Cricket</p> <p><b>Independence</b> Dance and movement</p> <p><b>Discovery</b> Exploring the outdoors/sensory PE</p>	<p><b>Athletics/cross-country/outdoor adventures</b></p> <p><b>Vocational</b> Athletics Cross-country Volleyball</p> <p><b>Independence</b> Outdoor adventures Bat and ball skills</p> <p><b>Discovery</b> Sensory circuits/sports day</p>
<b>2021 – 2022</b>	<p><b>Invasion games/winter games</b></p> <p><b>Vocational</b> Basketball/wheelchair basketball</p>	<p><b>Gymnastics/dance/health &amp; fitness</b></p> <p><b>Vocational</b> Balancing and jumping</p>	<p><b>Athletics/striking &amp; fielding/orienteering</b></p> <p><b>Vocational</b> Athletics</p>

PE – Seniors (Key Stages 3 and 4) Long Term Plan (plan is a rolling 4-year one)

	<p>Handball</p> <p><b>Independence</b> Team games Ball skills</p> <p><b>Discovery</b> Sensory circuits</p>	<p>Badminton/Circuits</p> <p><b>Independence</b> Movement and dance Bat and ball games</p> <p><b>Discovery</b> Exploring movements/sensory circuits</p>	<p>Cricket</p> <p><b>Independence</b> Tri-golf Athletics</p> <p><b>Discovery</b> Outdoor adventures/sensory circuits</p>
2022 – 2023	<p><b>Invasion games/winter games</b></p> <p><b>Vocational</b> High 5 netball Football Boccia</p> <p><b>Independence</b> Ball skills Team games</p> <p><b>Discovery</b> Sensory circuits</p>	<p><b>Gymnastics/net and wall/self defence</b></p> <p><b>Vocational</b> Mirroring and partner work Volleyball Self-defence – boxing/karate/tai chi</p> <p><b>Independence</b> Movement and dance Bat and ball games/polybat</p> <p><b>Discovery</b> Sensory circuits/bat and ball</p>	<p><b>Outdoor adventures/athletics</b></p> <p><b>Vocational</b> Orienteering Rowing Athletics Cross Country Sports day</p> <p><b>Independence</b> Athletics Outdoor adventures</p> <p><b>Discovery</b> Sensory circuits Exploring the outdoors</p>

Note: Oak class access their PE offsite at various locations and do a variety of sports activities.