

Year	Term 1	Term 2	Term 3
2018 - 2019	<p><u>Relationships</u></p> <p>HELP ME! Unhealthy relationships, domestic abuse, FGM, marriage, sexual assault/ abuse, ICT, sex and the media.</p> <p>Sex and relationships education</p>	<p><u>Health and Wellbeing</u></p> <p>Under Pressure drugs and alcohol education, substance abuse, smoking, prescribed medications, addiction, experimentation and peer pressure.</p>	<p><u>Living in the wider world</u></p> <p>'My rights' Human rights, disability rights, democracy, the law, equality, the judicial system and the armed forces.</p>
2019 - 2020	<p><u>Health and wellbeing</u></p> <p>Who am I? Personal strengths, self-esteem, mental health issues, friends, family, eating disorders and sexual orientation.</p>	<p><u>Relationships</u></p> <p>'Handling my emotions' Building positive relationships, managing set-backs, exploring feelings, handling rejection, appropriateness, the law, ICT.</p>	<p><u>Living in the wider world</u></p> <p>'Being British' what does it mean to be British? Diversity, culture, respect, human rights, celebrating difference.</p> <p>Sex and relationships education</p>
2020- 2021	<p><u>Health and Wellbeing</u></p> <p>'Looking after me' Hygiene and puberty, accessing local services, immunisation, contraception, pregnancy and STIs, cancer prevention, personal safety, first aid</p>	<p><u>Relationships</u></p> <p>'What are these feelings?' Partners, consent, levels of intimacy, harassment and the law, stalking, managing unwanted attention, ICT.</p>	<p><u>Living in the wider world</u></p> <p>'Working life' The working world, job prospects, volunteering, budgeting, banking, life outside of school, employability.</p> <p>Sex and relationships education</p>